

Putting your life back together piece by piece

TRANSFORMED

Powerful . Effective . Life changing

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Introduction

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Our lives in pieces... let's go back a few years.

Here I am (Gabriela), it is 1968 and I'm a kid of 14. I have been sexually molested by our boarder and I am feeling empty, hopeless and broken. My mother is emotionally non-existent and I have only seen my father three times. His business associate drugs and rapes me and leaves me naked in a hotel room with a \$20.00 bill by my side. I am told I am pregnant. A baby? When my mother discovers my secret she speaks these painful words "get rid of it and never tell anyone". I did and my self destructive lifestyle begins...

It's 1996, the year I (Alison) got married. I am at the doctor's office awaiting results of recent tests. The results: I have breast cancer. Disbelief, shock and a deep sense of sadness follows. How could I have breast cancer? I have no family history of cancer, I am healthy and I am active. Treatments followed. More tests to make sure the cancer hasn't spread. Finally some good news... the cancer is contained. It is now 1997. I find myself once more at the doctor's office. This time I am told that I will never have children. Another shock, more devastation... life in pieces again.

Think about this: You experience a nasty wound; the wound becomes infected. What do you do? Continue to slap a Band-Aid on the injury hoping that the infection will just go away? Probably not. You will most likely clean out the wound and continue this process until you know that the infection is completely gone. What about the wounds no one can see? Why do we think that bearing these wounds, our painful secrets, our hopelessness, our despair, our anger will just disappear?

If you leave your inner wounds to fester, they will continue to infect your whole being. Some of the consequences you are likely to experience are:

unforgiveness bitterness shame blame
guilt despair depression addictions

We have both experienced many of these negative emotions and symptoms and allowed our inner wounds to fester our whole being.

We believe that no matter who you are, where you have been or whatever your beliefs, everyone at some point in their life, experiences pain and hurt.

Through a series of thought provoking questions we ask you to face your pain, confront your unresolved issues and respond honestly in acknowledging the desperation of your wounded life.

Putting the pieces of your life back together will be a process. If you have experienced numerous hurts, the pieces of your life may take a while to put together. As in putting the pieces of a puzzle together, the more intricate the puzzle the longer it takes. God will put the pieces of your life together if you are willing to invite him to be part of the process.